

Little Angel's Daycare, Inc.
 5 Week Rotating Snack Schedule
 Pre-K Morning Snack (Ages 3-5)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Date: _____	½ of a ½ Whole Grain English Muffin ½ cup Blueberries 6oz. Milk	½ Slice Whole Wheat Toast (Whole Grain) ½ cup Pears 6oz. Milk	½ Mini Whole Wheat Bagel (Whole Grain) –Cream Cheese ½ cup Strawberries 6oz. Milk	½ Whole Grain Waffle ½ cup Applesauce 6oz. Milk	½ cup Cheerios (Whole Grain) ½ cup Peaches 6oz. Milk
Week 2 Date: _____	2 Mini Pancakes- (Whole Grain) ½ cup Mandarin Oranges 6oz. Milk	½ Mini Whole Wheat Bagel (Whole Grain) –Cream Cheese ½ cup Red Seedless Grapes 6oz. Milk	7 Wheat Thin Crackers (Whole Grain) ½ cup Applesauce 6oz. Milk	½ cup Frosted Mini Wheats (Whole Grain) ½ cup Blueberries 6oz. Milk	½ Slice Whole Wheat Toast (Whole Grain) ½ cup Applesauce 6oz. Milk
Week 3 Date: _____	½ Whole Grain Waffle ½ cup Strawberries 6oz. Milk	½ cup Life cereal (Whole Grain) ½ cup Blueberries 6oz. Milk	2 Mini Pancakes- (Whole Grain) ½ cup Grapes 6oz. Milk	½ cup Honey Bunches Oats – (Whole Grain) ½ cup Orange Slices 6oz. Milk	½ Mini Whole Wheat Bagel – (Whole Grain)Cream Cheese ½ cup Apples 6oz. Milk
Week 4 Date: _____	½ Slice Whole Grain Toast ½ cup Peaches 6oz. Milk	½ cup Multi-Grain Cheerios ½ cup Strawberries 6oz. Milk	½ Mini Whole Wheat Bagel- Cream Cheese (Whole Grain) ½ cup Applesauce 6oz. Milk	½ cup Life Cereal (Whole Grain) ½ cup Orange Slices 6oz. Milk	2 Mini Pancakes – (Whole Grain) ½ cup Blueberries 6oz. Milk
Week 5 Date: _____	½ Whole Grain Waffle ½ cup Mandarin Oranges 6oz. Milk	½ cup Cheerios (Whole Grain) ½ cup Pear Slices 6oz. Milk	½ slice Whole Grain Toast ½ cup Applesauce 6oz. Milk	½ of a ½ Whole Grain English Muffin ½ cup Strawberries 6oz. Milk	½ cup Frosted Mini Wheats (Whole Grain) ½ cup Blueberries 6oz. Milk

**** Whole Milk MUST be served to children age 1**

**** Fat- Free (Skim) Milk MUST be served to children 2 and over.**

**** Fridge Temp- 32 degrees to 40 degrees**

**** Freezer Temp- 32 degrees or below**

****All STAFF:** Food gloves must be worn at all times when preparing and passing out snacks for the children.

Little Angel's Daycare, Inc.
5 Week Rotating Snack Schedule
Pre-K Afternoon Snack (Ages 3- 5)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Date: _____	1 Cheese String 4oz. Juice	½ cup Green Beans 4oz. Juice	½ cup Cheerios 4oz. Juice	3 Triscuits 4oz. Juice	½ Slice of Toast with Jelly 4oz. Juice
Week 2 Date: _____	½ cup Red Peppers 4oz. Juice	¼ oz Croutons 4oz. Juice	½ cup Olives 4oz. Juice	7 Whole Grain Wheat Thins 4oz. Juice	½ cup of Oatmeal 4oz. Juice
Week 3 Date: _____	½ cup Carrots 1 String Cheese 4oz. Juice	½ cup Frozen Mixed Vegetables 4oz. Juice	1 Cheese String 4oz. Juice	½ cup Cucumbers 4oz. Juice	½ cup Cheerios 4oz. Juice
Week 4 Date: _____	½ cup Cheerios 4oz. Juice	1 String Cheese 4oz. Juice	25 Whole Grain Goldfish 4oz. Juice	½ cup Oatmeal 4oz. Juice	¼ cup (2oz.) Yogurt 4oz. Juice
Week 5 Date: _____	¼ oz Croutons 4oz. Juice	½ cup Red Peppers 4oz. Juice	½ cup Corn 4oz. Juice	½ Whole Wheat Tortilla 4oz. Juice	7 Whole Grain Wheat Thins 4oz. Juice

**** Whole Milk MUST be served to children age 1**

**** Fat- Free (Skim) Milk MUST be served to children 2 and over.**

**** Fridge Temp- 32 degrees to 40 degrees**

**** Freezer Temp- 32 degrees or below**

****All STAFF:** Food gloves must be worn at all times when preparing and passing out snacks for the children.

****ALLERGIES:** Check allergy list for any food allergies before serving snacks and drinks to the children.

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5 Week Rotating Snack Schedule
Pre-K Morning Snack (Ages 3-5)

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